Syllabus HTS-100 Foundations of Unity

Name: Rev. Kelly Isola

Assignments and Expectations:
- Read chapters in the books **PRIOR** to class.
- Participate in the classroom discussions.
- READ Lesson One from *Lessons in Truth* **BEFORE** the first day of class.

Course Description
Building consciousness, knowledge and skills in any endeavor begins with learning the foundational principles. This course is designed to be one of the first courses a students may take when embarking upon a Unity learning journey. Students will explore foundational principles from *Lessons in Truth, Discover the Power* and other texts. They will also learn how to integrate the foundational principles into daily life.

Course Learning Objectives
Upon completion of the course, students will have had a cursory introduction to some of the foundational teachings of Unity and will be able to:
- Understand what consciousness is, as well the four functions and four levels of consciousness
- Identify, reflect upon and explain the reasons for humankind's state of bondage.
- Describe the nature of God (principle and personal)
- Describe the three-fold nature of humankind
- Articulate and define Unity Meditation and Affirmative Prayer
- Engage with the teachings of Jesus as reported in the Gospels

Required Readings
All required readings are provided by the instructor in PDF and/or Word format. The modules include due dates for reading assignments.

Academic Performance
S: Satisfactory = 75 - 100%
NC: No Credit = 0 - 74%
AU: Audit – student is not seeking credentialing (no assignments required).
I: Incomplete – waiting for completion of one or more assignments. Given by approval of the Instructor due to urgent and unusual circumstance in the life of the participant

Graded Assignments
It is important to complete your assignments on or before the due dates. NOTE: If you experience an emergency and are unable to complete your assignments on time, contact your instructor.

Module 1: What Is Consciousness

Module 1 Assignments	Due Date
Reading(s) - PRIOR TO FIRST CLASS • *Lessons in Truth*, Lesson One: Bondage or Liberty, Which?	**PRIOR TO 1st CLASS**
Zoom Class #1 Session • Review Syllabus • What is consciousness • Four functions of consciousness • Four levels of consciousness • Discussion of LIT reading - BONDAGE • Review homework due for DAY 2	**SESSION 1**
HOMEWORK, to be completed for SESSION 2 1. Read Ch 2, *Discover the Power Within You* "The Great Discovery" 2. Using the Word document "Specific Terms_FOU" follow the instructions and search *Lessons in Truth*, Lessons 1-7 for the term "GOD IS" • Email to the instructor 3. Be prepared to discuss readings	**SESSION 2**

Module 2: Nature of God & Nature of Humankind

Module 2 Assignments	Due Date
Reading(s) 1. Read Ch 2, *Discover the Power Within You* "The Great Discovery" 2. Using the Word document "Specific Terms_FOU" follow the instructions and search *Lessons in Truth,* Chapters 1-7 for the term **"GOD IS"** • Email to the instructor	**SESSION 2**

Zoom Class #2 Session
    • Review reading and "GOD IS" term search
    • What is the nature of God
    • What is the nature of humankind
    • Threefold nature of humankind, historically and contemporary
    • Review homework due for DAY 3
	SESSION 2

HOMEWORK, to be completed for SESSION 3 1. Read Ch 15, *Heart-Centered Metaphysics* "Jesus, The Christ, Jesus Christ, Christ Jesus" 2. Read Ch 4, *Discover the Power Within You* "Jesus' Unique Concept of God 3. Using the Word document "Specific Terms_FOU" follow the instructions and search *Lessons in Truth* Lessons 6-10 for the term **"CHRIST"** • Email to the instructor 4. Be prepared to discuss readings	**SESSION 3**

Module 3: Jesus According to the Gospel Writers

Module 3 Assignments	Due Date
Reading(s) 1. Read Ch 15, *Heart-Centered Metaphysics* "Jesus, The Christ, Jesus Christ, Christ Jesus" 2. Read Ch 4, *Discover the Power Within You* "Jesus' Unique Concept of God 3. Using the Word document "Specific Terms_FOU" follow the instructions and search *Lessons in Truth* Chapters 6-10 for the term **"CHRIST"** • Email to the instructor 4. Be prepared to discuss readings	**SESSION 3**

Zoom Class #3 Session
  • Review readings and "CHRIST" search
  • Historic writings about Jesus
  • Pitfalls of the Bible
  • Questions, concerns, appreciations
	SESSION 3

HOMEWORK, to be completed for SESSION 4 1. Read Lesson 6: FAITH in *Lessons in Truth* 2. Using the Word document "Specific Terms_FOU" follow the instructions and search *Lessons in Truth,* Lessons 3-5 for the term **"DESIRE"** • Email to the instructor 3. Be prepared to discuss readings	**SESSION 4**

Module 4: Unity Meditation & Affirmative Prayer

Module 4 Assignments	Due Date
Reading(s) 1. Read Lesson 6 - FAITH in *Lessons in Truth* 2. Using the Word document "Specific Terms_FOU" follow the instructions and search *Lessons in Truth* Lessons 3-5 for the term **"DESIRE"** • Email to the instructor 3. Be prepared to discuss readings	**SESSION 4**

Zoom Class #4 Session
   • Review readings and "DESIRE" search
   • Unity Meditation
   • Why Pray the Unity Way
   • Questions, concerns, appreciations
	SESSION 4

HOMEWORK, to be completed for SESSION 5 1. Read Chapter 8 in *Discover the Power Within You* "Law of Nonresistance" 2. Using the Word document "Specific Terms_FOU" follow the instructions and search *Lessons in Truth* for the term **"HOLY SPIRIT"** • Email to the instructor 3. Be prepared to discuss readings	**SESSION 5**

Module 5: Manifestation & Demonstration

Module 5 Assignments	Due Date
Reading(s) 1. Read Chapter 8 in *Discover the Power Within You* "Law of Nonresistance" 2. Using the Word document "Specific Terms" follow the instructions and search *Lessons in Truth* for the term **"HOLY SPIRIT"** • Email to the instructor	**DAY 5 FRIDAY**
Zoom Class #5 Session • Review readings and "HOLY SPIRIT" • Supply & Demand • Divine Order = Mind, Idea, Expression • Denials & Affirmations • Questions, concerns, appreciations	**DAY 5 FRIDAY**

FINAL PAPER: Write 1000 word paper based on what you have learned – you're "a-has" and your "duh-has!" Include how you might use this new awareness of the Unity teachings. In the paper, describe the idea, what happened, what you learned, and how this will change your life. This is a reflection paper, not "fill up 1,000 words with quotes" kind of paper. :)

DUE:_____

(I decide due date first day of class, with the class)