

The Twelve Powers Reimagined: From Spiritual Technique to Lived Wholeness

UWSI: HTS 125 – The Twelve Powers

Instructor	Rev. Kelly Isola kisola@me.com
Required Text	<ul style="list-style-type: none">• <i>PowerUp</i> by Paul Hasselbeck and Cher Holton• For historical reasons: <i>The Twelve Powers</i> by Charles Fillmore (there are free electronic versions available online)

Course Description:

You’ve likely been taught that the Twelve Powers are spiritual faculties to develop, strengthen, and use. But what if they are not something you *use* at all? What if they are already present—quietly waiting beneath effort, beneath striving, beneath the pressure to “get it right”?

This 10-hour course invites a deeper, more embodied exploration of the Twelve Powers—one that honors both the structured metaphysical framework of Charles Fillmore and the often-overlooked, relational, and healing-centered approach of Myrtle Fillmore. Together, we will move beyond the idea of the powers as tools for demonstration and into an experience of them as expressions of life already moving within us.

Rather than asking, “*How do I use this power?*” we will begin to ask, “*Where is life asking to be restored?*”

Through reflective inquiry, embodied practice, and real-life application, participants will explore how the Twelve Powers are not simply activated—but **revealed** through care, attention, relationship, and daily living.

This is not a class about mastering spiritual faculties. It is a class about **remembering how to live in a way where they can emerge.**

Learning Objectives:

Reinterpret the Twelve Powers through two theological lenses

Distinguish between “using” and “living” the powers

Explore the movement of degeneration, generation, and regeneration in lived experience

Engage the Twelve Powers as lived, embodied practices

Integrate the Twelve Powers into everyday life without performance

Grade Scale:

AU = Audit – student is not seeking credentialing (no assignments required).

EX = Expired – for administrative use only.

I = Incomplete – waiting for final assignment.

NC = No Credit – did not complete final assignment within three months of end of course and/or did not meet attendance requirements.

S = Satisfactory – met all requirements.

Class	Chapters
<p>Day 1</p> <p>Overview</p>	<ol style="list-style-type: none"> 1. Pray in 2. Review syllabus and handouts (not in detail) 3. Share some of my own experience with the 12 Powers. 4. Ask the following questions to help the students realize the Powers are not something they believe but something they know about themselves. 5. Do you notice you have the ability: <ul style="list-style-type: none"> • To Believe • To Persevere • To Compare and Contrast • To Desire, harmonize and unify • To Master and Control • To Imagine • To Understand • To Choose • To Sequence and organize • To Be enthusiastic and passionate • To Release and renounce • To Activate, energize and vitalize.
<p>Day 2</p> <p>Working through the PowerPoint slide set: “powerUP! All Intro plus 12 180729”</p>	<ul style="list-style-type: none"> • TP – Chapters 3, 4 and 5 • PU – Strength, Judgment, Love
<p>Day 3</p> <p>Working through the PowerPoint slide set. “powerUP! All Intro plus 12 180729”</p>	<p>Reading Assignments for after the class has ended:</p> <p>TP – Chapters 6, 7, 8, 9</p> <p>PU – Power, Imagination, Understanding and Will</p>
<p>Day 4</p> <p>Working through the PowerPoint slide set. “Fundamentals of raising consciousness”</p>	<p>Reading Assignments for after the class has ended:</p> <p>TP – Chapters 10, 11, 12 13</p> <p>PU – Order, Zeal, Elimination, Life</p>
<p>Day 5</p> <p>Working through the PowerPoint slide set. “Fundamentals of raising consciousness”</p>	<p>Leftovers</p>