

Spiritual Education and Enrichment
Unity of Gaithersburg
HTS110 – Metaphysics II
10 Hours

June 29 - July 3, 2026

Faculty	Rev. Airin Wolf
Required Text	<i>Heart-Centered Metaphysics</i> by Paul Hasselbeck <i>Applying Heart-Centered Metaphysics</i> by Paul Hasselbeck and Cher Holton
Recommended Reading	<i>Point of Power</i> by Paul Hasselbeck <i>Use the Truth You Know, Unity's Principles & Premises,</i> Paul Hasselbeck
Recommended Pre-requisites	MS251 (Metaphysics 1, Metaphysics I Part 1)

Course Description:

Embark on an electrifying journey of self-discovery with our course, a riveting exploration into the core of existence. Uncover the secrets of Beingness and revel in the transformative power of Oneness, where boundaries dissolve, and unity prevails. Navigate the intriguing divine paradoxes and delve into the sacred trinity with profound insights into the Holy Trinity. Challenge conventional perspectives as we unravel the mysteries surrounding Sin, Evil, and the Devil.

Topics/chapters explored in this class are:

- Ch 10 Beingness, Oneness, Divine Mind
- Ch 12 The Divine Paradoxes
- Ch 13 The Trinity
- Ch 14 Evil, Sin, the Devil
- Ch 15 Jesus, the Christ, Jesus Christ, Christ Jesus
- Ch 16 The Threefold Nature of Humankind (Spirit, soul, body)
- Ch 17 The Three Phases of Mind (Superconscious, conscious and subconscious)
- Ch 18 Personality, Individuality
- Ch 11 The Spiritual Universe, The Physical Universe

Learning Objectives:

Students will be able to:

- Compare and contrast their current view of God with Unity's view of God.

- Differentiate between who you are and what you are.
- Compare and contrast Jesus, Christ, Jesus Christ, Christ Jesus, and explore the relationship and importance of these concepts in the student's life.
- Synchronize the three phases of mind with humankind's three fold nature.

Assignments and Expectations:

1. Read the chapters in the book *prior* to each class session.
2. Actively participate in the classroom discussions.
3. Write a 500 - 800 word paper based on what you learned – you're "a-has" and your "duh-has!" Include how you might use this new awareness of the Unity teachings.

The paper is due _____. ***Remember to put your name and email address as well as the class and when you took the class on the paper.***

Send your paper to: kindredmates@gmail.com

- If you have written your paper using Word, Google Docs or as a PDF please feel free to put it as an attachment to your email.
- IF YOU DO NOT USE Word, Google Docs or PDF, please copy and paste your paper that includes your contact info into the body of your email.

Grade Scale:

- AU Audit – student is not seeking credentialing (no assignments required).
 EX Expired – for administrative use only.
 I Incomplete – waiting for final assignment.
 NC No Credit – did not complete final assignment within three months of end of course
 and/or did not meet attendance requirements.
 S Satisfactory – met all requirements.

I. Class Schedule

June 29	<p>1st hour</p> <ul style="list-style-type: none">➤ Opening Meditation➤ Introduction and course overview.➤ Metaphysics and Mysticism and metaphysical Bible interpretation➤ This is a course on Unity Metaphysics. While each individual's right to "their own beliefs" is supported and accepted, these beliefs are not the purpose of this course. Other points of view may be shared to help create an understanding of Unity's metaphysics. However, students should not be disappointed if their beliefs are not explored in this class. Further, students should not be surprised if Unity Metaphysics as presented in this course differs from their own beliefs and what might be commonly understood in their home church or center.➤ Understanding and Belief➤ The Adjacent Possible➤ The language of Oneness – finding new ways to communicate Unity's theology and why. (Read pages ix – xii in <i>Heart-centered Metaphysics</i>). During the class observe your own use of language and notice when other people use traditional language. Ask yourself how you heard what was said. Tweak the use of language as the class proceeds. For example: when another student uses the term "God," ask yourself if you heard an "outside, anthropomorphic Being" when the term was used. <p>2nd hour Review the Realms Model</p>
	<p>Final Half Hour:</p> <ul style="list-style-type: none">➤ Begin discussions: Chapter 10 - Beingness, Oneness, Divine Mind Chapter 12 - The Divine Paradoxes

	<p>Assignment</p> <ul style="list-style-type: none"> • Read - Discover the teaching, what is disagreed with and why, and determine if there are any questions about the material. Chapter 10 – Beingness, Oneness, Divine Mind Chapter 12 - The Divine Paradoxes • Read - Discover the teaching, what is disagreed with and why, and determine if there are any questions about the material: Chapter 13 - The Trinity Chapter 14 – Sin, Evil and the Devil
<p>June 30</p>	<p>1st hour</p> <ul style="list-style-type: none"> ➤ Opening Meditation ➤ Leftovers from the previous class ➤ 10 minutes - Discussion of how the practice went (in dyads and then a sharing of a few of the experiences to the entire class) ➤ Continue discussions: Chapter 10 - Beingness, Oneness, Divine Mind Chapter 12 - The Divine Paradoxes ➤ Class discussions: Chapter 13 - The Trinity <p>2nd Hour and a half</p> <ul style="list-style-type: none"> ➤ Class discussions: Chapter 13 - The Trinity ➤ Class discussions: Chapter 14 – Sin, Evil and the Devil <p>Assignment</p> <ul style="list-style-type: none"> • Read - Discover the teaching, what is disagreed with and why, and determine if there are any questions about the material: Chapter 15 - Jesus, the Christ, Jesus Christ, and Christ Jesus Chapter 16 - The Threefold Nature of Humankind
<p>July 1</p>	<p>1st hour</p> <ul style="list-style-type: none"> ➤ Opening Meditation ➤ Leftovers from the previous class ➤ 10 minutes - Discussion of how the practice went (in dyads and then a sharing of a few of the experiences to the entire class) ➤ Class discussions: Chapter 15 - Jesus, the Christ, Jesus Christ, and Christ Jesus

	<p>2nd Hour</p> <ul style="list-style-type: none"> ➤ Class discussions: Chapter 16 The Threefold Nature of Humankind <p>Assignment</p> <ul style="list-style-type: none"> • Read - Discover the teaching, what is disagreed with and why, and determine if there are any questions about the material: Chapter 17 The Three Phases of Mind Chapter 18 Personality and Individuality Chapter 11 - Spiritual Universe Physical Universe
<p>July 4 & 5</p>	<p>1st hour</p> <ul style="list-style-type: none"> ➤ Opening Meditation ➤ Leftovers from the previous class ➤ 10 minutes - Discussion of how the practice went (in dyads and then a sharing of a few of the experiences to the entire class) ➤ Class discussions: Chapter 17 The Three Phases of Mind Chapter 18 Personality and Individuality Chapter 11 - Spiritual Universe Physical Universe <p>2nd Hour</p> <ul style="list-style-type: none"> ➤ Continue Class discussions: Chapter 17 The Three Phases of Mind Chapter 18 Personality and Individuality Chapter 11 - Spiritual Universe Physical Universe <p>Final Assignment:</p> <ul style="list-style-type: none"> ➤ See the section on the final assignment above.

What You Need to Know

- The relationship of the physical universe to God/Divine Mind
- What is (the) Christ?
- What is Jesus Christ?
- What is the traditional trinity, Unity's trinity, and the metaphysical trinity?
- What is the threefold nature of humankind? Define each of the three.
- What are the three phases of mind/Min? Define each one. Define each one in relation to the threefold nature of humankind.
- What is personality?
- What is Individuality?
- What is Unity's first premise about God?
- What is evil?
- Is all manifestation good?
- What is temptation?
- What is sin?
- What is Heaven?
- What is hell?
- What is the metaphysical interpretation of Jesus?
- What is atonement?
- What is the devil? Satan?