



Syllabus: TAS-105 I of the Storm

Course Overview

Dates

June 3 – 7, 2024

Monday – Friday, 12:45 – 2:45

Place

Via Zoom – link will be sent out from Rev Pat Bessey

Sponsor

Unity of Gaithersburg

111 Central Ave

Gaithersburg, MD

Course Instructor

Name Rev Pat Bessey

Course Description

This course is based on the books, “The I of the Storm” by Rev. Dr. Gary Simmons and “I of the Storm for Teens” by Rev. Dr. Jane Simmons. In this course, students will explore the principles of embracing conflict and creating peace in everyday life. This course is designed to help students function from their heart center, demonstrate Unity principles in times of conflict, and complete a 21-day reconciliation process.

Course Learning Objectives

Upon completion of this course learners will be able to:

- Explain the four elements of conflict and the spiritual practices that resolve them
- Identify the obstacles to inner peace in daily living
- Use the 21-day reconciliation process
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Required Texts and Readings

- *The I of the Storm: Embracing Conflict, Creating Peace* by Gary Simmons
- *21 Day Reconciliation Journal* by Gary Simmons

Recommended Text and Readings

- *I of the Storm for Teens* by Jane Simmons

Course Requirements and Assignments

Students will be expected to:

- Participate actively in each class session's activities.
- Complete reading assignments.
- Share (3-5 minutes) in class an example of your prayer practice.

Student Evaluation

- S (Satisfactory) met all requirements.
- I (Incomplete) waiting for final assignment.
- AU (Audit) not seeking credentialing (no assignments required)
- NC (No Credit) did not complete final assignment within three months of end of course and/or did not meet attendance requirements.

Ten SEE credits will be granted when the student has successfully completed the class. Unless special permission is requested and granted, students are expected to attend all five two-hour classes.

Course Schedule and Assignments

Unit	Topics	Assignments
Class 1	<i>I of the Storm</i>	Read <i>I of the Storm</i> Chapters 1 and 2
Class 2	<i>I of the Storm</i>	Read <i>I of the Storm</i> Chapters 3
Class 3	<i>I of the Storm</i>	Read <i>I of the Storm</i> Chapters 4 and 5
Class 4	<i>I of the Storm</i>	Read <i>I of the Storm</i> Chapters 6, 7, 8 and 9
Class 5	<i>I of the Storm</i>	Read <i>I of the Storm</i> Chapters 10 and 11 Begin Journaling Practice