

Syllabus HTS-100 Foundations of Unity

Name: Rev. Kelly Isola

Assignments and Expectations:

- Read chapters in the books **PRIOR** to class.
- Participate in the classroom discussions.
- READ Lesson One from *Lessons in Truth* **BEFORE** the first day of class.

Course Description

In this course, we'll explore the Unity movement, founded by Charles and Myrtle Fillmore, and the New Thought movement, inspired by Phineas P. Quimby. Discover how these paths intersect, empower personal growth, and promote holistic well-being.

Building consciousness, knowledge and skills in any endeavor begins with learning the foundational principles. This course is designed to be one of the first courses a student may take when embarking upon a Unity learning journey. Students will explore foundational principles from *Lessons in Truth*, *Discover the Power* and other texts. They will also learn how to integrate the foundational principles into daily life.

Course Learning Objectives

Upon completion of the course, students will have had a cursory introduction to:

- Overview of New Thought movement
- Key figures: Phineas Quincy, Warren Felt Evans, Mary Baker Eddy and many others
- Unity founders and principles
- Unity today and influences, relevance and irrelevance, contemporary perspectives
- Living New Thought and Unity Principles in relationship to our current world

Required Readings

All required readings are provided by the instructor in PDF and/or Word format. The modules include due dates for reading assignments.

Academic Performance

S: Satisfactory = 75 - 100%

NC: No Credit = 0 - 74%

AU: Audit – student is not seeking credentialing (no assignments required).

I: Incomplete – waiting for completion of one or more assignments. Given by approval of the Instructor due to urgent and unusual circumstance in the life of the participant

Graded Assignments

It is important to complete your assignments on or before the due dates. NOTE: If you experience an emergency and are unable to complete your assignments on time, contact your instructor.

Module 1: Introduction to New Thought

Module 1 Assignments	Due Date
<p>Reading(s) - PRIOR TO FIRST CLASS</p> <ul style="list-style-type: none"> • <i>Lessons in Truth</i>, Lesson One: Bondage or Liberty, Which? 	<p>PRIOR TO 1st CLASS</p>
<p>Zoom Class #1 Session</p> <ul style="list-style-type: none"> • Review Syllabus • What is consciousness • Four functions of consciousness • Discussion of LIT reading - BONDAGE • Review homework due for DAY 2 • Overview of New Thought Movement • Key figures and concepts • Relationship between New Thought and Christianity 	<p>SESSION 1</p>
<p>HOMEWORK, to be completed for SESSION 2</p> <ol style="list-style-type: none"> 1. Read Ch 2, <i>Discover the Power Within You</i> “The Great Discovery” 2. Using the Word document “Specific Terms_FOU” follow the instructions and search <i>Lessons in Truth</i>, Lessons 1-7 for the term “GOD IS” <ul style="list-style-type: none"> • Email to the instructor 3. Be prepared to discuss readings 	<p>SESSION 2</p>

Overview of the New Thought Movement

- We’ll explore the emergence of the New Thought movement as a response to the prevailing scientific empiricism and religious skepticism of the 17th and 18th centuries
- Discuss how Romanticism influenced New Thought, emphasizing the shift toward a more holistic and metaphysical perspective

Key Figures and Concepts

- Introduce key figures such as **Phineas P. Quimby**, **Warren F. Evans**, and **Julius Dresser**
- Delve into Quimby’s mind-healing concepts, which laid the groundwork for New Thought principles

Unity and New Thought

- Discuss the relationship between New Thought and Christianity, acknowledging both commonalities and differences

Module 2: Unity Movement

Module 2 Assignments	Due Date
<p>Reading(s)</p> <ol style="list-style-type: none"> 1. Read Ch 2, <i>Discover the Power Within You</i> “The Great Discovery” 2. Using the Word document “Specific Terms_FOU” follow the instructions and search <i>Lessons in Truth</i>, Chapters 1-7 for the term “GOD IS” <ul style="list-style-type: none"> • Email to the instructor 	SESSION 2
<p>Zoom Class #2 Session</p> <ul style="list-style-type: none"> • Review reading and “GOD IS” term search • What is the nature of God • What is the nature of humankind • Threefold nature of humankind, historically and contemporary • Review homework due for DAY 3 	SESSION 2
<p>HOMEWORK, to be completed for SESSION 3</p> <ol style="list-style-type: none"> 1. Read Ch 15, <i>Heart-Centered Metaphysics</i> “Jesus, The Christ, Jesus Christ, Christ Jesus” 2. Read Ch 4, <i>Discover the Power Within You</i> “Jesus’ Unique Concept of God 3. Using the Word document “Specific Terms_FOU” follow the instructions and search <i>Lessons in Truth</i> Lessons 6-10 for the term “CHRIST” <ul style="list-style-type: none"> • Email to the instructor 4. Be prepared to discuss readings 	SESSION 3

Charles and Myrtle Fillmore

- Explore the lives and contributions of the founders of the Unity movement

Unity’s Roots

- Trace Unity’s origins back to Transcendentalism and its connection to New Thought

Core Unity Principles

- Highlight Unity’s emphasis on positive thinking, affirmative prayer, and spiritual healing

Impact on Personal Transformation

- Discuss how Unity teachings empower individuals to transform their lives

Module 3: Unity Today: Bring the Past Forward

Module 3 Assignments	Due Date
<p>Reading(s)</p> <ol style="list-style-type: none"> 1. Read Ch 15, <i>Heart-Centered Metaphysics</i> “Jesus, The Christ, Jesus Christ, Christ Jesus” 2. Read Ch 4, <i>Discover the Power Within You</i> “Jesus’ Unique Concept of God 3. Using the Word document “Specific Terms_FOU” follow the instructions and search <i>Lessons in Truth</i> Chapters 6-10 for the term “CHRIST” <ul style="list-style-type: none"> • Email to the instructor 4. Be prepared to discuss readings 	SESSION 3
<p>Zoom Class #3 Session</p> <ul style="list-style-type: none"> • Review readings and “CHRIST” search • Historic writings about Jesus • Pitfalls of the Bible • Questions, concerns, appreciations 	SESSION 3
<p>HOMEWORK, to be completed for SESSION 4</p> <ol style="list-style-type: none"> 1. Read Lesson 6: FAITH in <i>Lessons in Truth</i> 2. Using the Word document “Specific Terms_FOU” follow the instructions and search <i>Lessons in Truth</i>, Lessons 3-5 for the term “DESIRE” <ul style="list-style-type: none"> • Email to the instructor 3. Be prepared to discuss readings 	SESSION 4

Evolution of New Thought

- Explore how New Thought has evolved in the 20th and 21st centuries

Other New Thought Denominations

- Discuss related denominations such as Unity Church, Church of Divine Science, and Religious Science (Institute of Religious Science and Philosophy)

Global Influence

- Recognize New Thought’s impact beyond the United States, including its presence in the United Kingdom, Europe, Asia, Africa, and Australia

Diversity and Inclusivity

- Acknowledge the diversity within New Thought groups

Module 4: Integration and Empowerment

Module 4 Assignments	Due Date
<p>Reading(s)</p> <ol style="list-style-type: none"> 1. Read Chapter 8 in <i>Discover the Power Within You</i> “Law of Nonresistance” 2. Using the Word document “Specific Terms_FOU” follow the instructions and search <i>Lessons in Truth</i> Lessons 3-5 for the term “DESIRE” 3. Using the Word document “Specific Terms” follow the instructions and search <i>Lessons in Truth</i> for the term “HOLY SPIRIT” <ul style="list-style-type: none"> • Email to the instructor 4. Be prepared to discuss readings 	SESSION 4
<p>Zoom Class #4 Session</p> <ul style="list-style-type: none"> • Review readings and “DESIRE” search • Unity Meditation • Why Pray the Unity Way • Questions, concerns, appreciations 	SESSION 4

FINAL PAPER: Write 1000 word paper based on what you have learned – you’re “a-has” and your “duh-has!” Include how you might use this new awareness of the Unity teachings. In the paper, describe the idea, what happened, what you learned, and how this will change your life. This is a reflection paper, not “fill up 1,000 words with quotes” kind of paper. :)

DUE: _____
(I decide due date first day of class, with the class)