



**Spiritual Education and Enrichment**  
**MS262–Healing and Wholeness 2**  
**10 Hours**

<b>Required Materials</b>	<i>How to Let God Help You</i> by Myrtle Fillmore <i>Myrtle Fillmore’s Healing Letters</i> by Myrtle Fillmore <i>Christian Healing</i> by Charles Fillmore
<b>Recommended Materials</b>	<i>Jesus Christ Heals</i> by Charles Fillmore Personal journal
<b>Recommended Prerequisites</b>	Metaphysics Series, MS251, MS252, MS253, MS254

**Course Description:**

This advanced course is divided into two parts. Healing and Wholeness 102 will essentially work with the *Consciousness* and *Practice of Healing*, and Healing and Wholeness 101 with *The Source of Healing*. However, all topics will be intertwined throughout the two classes.

Both courses are based in the spiritual universal principles that support the expression of healing, health and wholeness in students’ minds, bodies and affairs. Students will be working with Myrtle and Charles Fillmore’s interpretation of healing and wholeness, as well as historical and contemporary master teachers. Such principles will be presented to support students in developing a practical understanding of Myrtle and Charles’ theology as heart-centered metaphysicians.

**Learning Objectives:**

Students will be able to:

- Analyze, interpret, and explain the essential elements of Myrtle and Charles Fillmore’s theology while developing a personal understanding of healing, wholeness, curing and health, as well as the practice of healing.
- Examine and use current language to express concepts of healing and wholeness.
- Illustrate aspects and processes of building healing consciousness.
- Explain the elements in developing the consciousness of “The Fullness of Time” in the healing process.
- Survey the blocks and keys to demonstration and determine which ones are affecting their experience of demonstration.
- Demonstrate the essential teachings of the Fillmores in developing their own healing consciousness in relationship to: serving their spiritual purpose, supporting others, and enhancing world consciousness.

### Assignments and Expectations:

1. Read as much as you can from each one of the textbooks.
2. Attendance is required at all class sessions. Since much of the work of this class will be accomplished by both large and small group discussion, attendance is essential. A student who must miss one or more class sessions is welcome to attend the remaining sessions. However, in order to obtain credits, they must engage in additional work assignments. Please talk to your facilitator if you need to be absent.
3. FINAL ASSIGNMENT AFTER CLASS: After watching this video, <https://www.youtube.com/watch?v=jliSPJxTHak> and reading Chapter 8 "Jesus Christ Heals," HANDOUT, please offer your insights and reflections. Please write NO LESS THAN 1200 words (you can write more if you want). As I mentioned in class, you may want to watch it more than once, or watch it in increments in order to absorb the information, and put some of it into practice. The goal is to intentionally spend 30 days with it, and be in action around what you discover. Here are some questions to help your reflection. You don't need to answer these questions below, they are simply to get your creative juices flowing for reflection...
  - What can you do in your life to engage the "fullness of time?"
  - How are Fillmore's thoughts and Joanna Macy's thoughts congruent? Or not?
  - What does the phrase "fullness of time" mean in your life?
  - What does the idea of "fullness of time" have to do with healing and wholeness?
  - What were the "ah-has" from the video?

Session	Topic	Reading Assignments
One	<ul style="list-style-type: none"> <li>• Introductions - Students and facilitator, ice breaker activity for connection, create space for discussion during classes</li> <li>• How have students applied concepts and principles learned in H&amp;W Part 1.</li> <li>• Obstacles for becoming a heart-centered metaphysician?</li> <li>• Understanding of "Source of Healing," focus of H&amp;W Part 1.</li> </ul>	HGHY-4, Spiritual Science HGHY-5, A Saving Science HGHY-23, Health in the Home HL-14, Developing Our Faculties
Two	<ul style="list-style-type: none"> <li>• Consciousness of Healing, mind/thoughts</li> <li>• Concept of realization</li> <li>• Explain how gratefulness and praise could raise your healing consciousness and would help in manifesting wholeness</li> </ul>	CH-7, Spirituality/Prayer and Praise CH-9, Imagination HGHY-15, Secret Place of Spirit HGHY-16, The Overcoming of Fear HL-26, Generation/Regeneration
Three	<ul style="list-style-type: none"> <li>• Consciousness of Healing, continued</li> <li>• Omnipotence of Prayer</li> <li>• Own prayer process as a self- healing tool in the context of what M&amp;C express in their writings</li> <li>• Holy Spirit and fulfillment of spiritual laws and principles?</li> </ul>	HL-4, Prayer HL-6, Going into the Silence HGHY-7, D&A HGHY-27, The Law of Supply CH-8, Faith
Four	<ul style="list-style-type: none"> <li>• Harmony and conflict</li> <li>• Being slave to something, habits</li> <li>• Our work, life, affairs</li> </ul>	CH-10, Will and Understanding CH-11, Judgment and Justice HGHY-32, Justice HGHY-31, Gospel of Uses HL-17, Helping Others HL-19, Our Work

Five	<ul style="list-style-type: none"> <li>• Explain the elements in developing the consciousness of “The Fullness of Time” in the healing process”</li> <li>• WHAT TO KNOW questions</li> </ul>	<p>CH-12, Love  Xerox Handout of JCH Chapter 8,  “Fullness of Time”  <i>Only address JCH Chptr 8 if there is time, may  be better to discuss WHAT TO KNOW (next  page)</i></p>
------	--	--

**What to Know:**

1. All the topics already listed in *What you must know from Myrtle and Charles in Healing and Wholeness Part 1*
2. Developing a consciousness of healing and wholeness
3. Realization Precedes Manifestation
4. Spiritual understanding vs. spiritual growth
5. Do we grow spiritually? yes or no and why
6. Omnipotence of prayer
7. Denials and affirmations
8. Secret place of spirit
9. Role of silence in the prayer and healing process
10. Surrendering mind and body to Spirit as an important step in demonstrating healing of cause of illness
11. Use of words centered in Truth and in the understanding of our own spiritual being supports our healing process here and now.
12. There is no incurable disease
13. How is it that we create?
14. The need for harmony between thoughts, feelings, words and actions in demonstrating wholeness and healing
15. Serving ourselves and others from unconditional love is an open door for being healed

**Grade Scale:**

- AU Audit – student is not seeking credentialing (no assignments required)  
EX Expired – for administrative use only  
I Incomplete – waiting for final assignment  
NC No Credit – did not complete assignments within three months of end of course  
S Satisfactory – met all requirements