



SPD-120

Discerning

Your Purpose

SPD-120 Discerning Your Purpose - Syllabus

Course Overview

Course Instructor

Robert Brumet DD

816 853 5721 (cell)

rjbrumet@earthlink.net

Course Description

The spiritual path diverges in many ways. Discerning which path to take is both a reflective and an action-packed process. In this course, we take a look at our strengths and abilities, as well as, our desires and passions to help to determine what actions to take or better yet, to discover the questions. Discerning Your Purpose provides a process for challenging your thoughts and desires along with accountability steps to manifest that achievement. Students will explore their skills, abilities and spiritual gifts while discovering the ‘next steps’ for progressing to the desired outcome.

Course Learning Objectives

By the end of the course, learners will be able to:

- Articulate and refine a clear vision/purpose statement with steps of accountability and goals along the way
- Develop a time line of goals; identify and celebrate when at each stage
- Define personal skills, abilities and passions; understand the difference and determine the next steps to support their purpose

Required Text/Readings

- Levoy, Gregg. *Callings: Finding and Following an Authentic Life*. any edition. New York: Three Rivers Pr., ©1998.

Recommended Readings/Handouts

- Brumet, Robert. *Finding Yourself in Transition: Using Life's Changes for Spiritual Awakening*. Unity Village, MO: Unity Books, 2001, 1995.
- Rosenberg, Marshall. *Nonviolent Communication: A Language of Life*. Puddledancer Press; 3rd edition. September 1, 2015.

Course Schedule

Mon	Topic Overview
Tue	Levoy: Part 1-2
Wed	Levoy: Part 3-4
Thu	Levoy: Part 5
Fri	Brumet: Finding Yourself in Transition

Graded Assignments

It is important to complete your assignments on or before the due dates.

NOTE: If you experience an emergency and are unable to complete your assignments on time, Contact your instructor.

Before Jun 3, 2019

Read:

- Levoy, Gregg. *Callings: Finding and Following an Authentic Life*. any edition. New York: Three Rivers Pr., ©1998.
- Brumet, Robert. *Finding Yourself in Transition: Using Life's Changes for Spiritual Awakening*. Unity Village, MO: Unity Books, 2001, 1995.

Before July 1, 2019

Choose and complete one of the following assignments:

- 1) Write the description of a “Calling” experience in your life. (As it is defined in the text). Use frameworks and concepts presented in the class. (1200-1500 words)

OR

- 2) Find a Bible story that depicts a Calling.
 - Tell the story briefly in your own words using frameworks and concepts presented in Levey.
 - Tell why you chose this story.

- Give a brief metaphysical interpretation of the story. (1200-1800 words total)
- Assignment Due: July 1, 2019. Pls email (as attachment) to rjbrumet@earthlink.net

Academic Performance: Progress Evaluation

- **S: Satisfactory**
- **NC: No Credit**

Other possibilities:

- **AU: Audit** – student is not seeking credentialing (no assignments required).
- **I: Incomplete** – waiting for completion of one or more assignments. Given by approval of the Instructor due to urgent and unusual circumstance in the life of the participant

