



Syllabus: HTS 100 Foundations of Unity

Unity of Gaithersburg, MD

June 3 – 7, 2019

Course Instructor

Rev. Russell Heiland

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Course Description

Building consciousness, knowledge and skills in any endeavor begins with learning the foundational principles. This course is designed to be the first course students take when embarking upon any of the Unity Worldwide Spiritual Institute's learning paths. Students will explore foundational principles from *Lessons in Truth*, *Discover the Power* and other historical texts. They will also learn how to integrate the foundational principles into daily life. (Combines three former classes: Lessons in Truth, Discover the Power Within You and Unity Today.)

Course Learning Objectives

By the end of the course learners will be able to:

- Identify, reflect upon and explain the reasons for humankind's state of bondage. Identify what might keep you in bondage
- Describe "God" as divine paradoxes:
 - Principle and Personal
 - Immanent and Transcendent
 - Masculine and Feminine
 - Law and Grace
- Define the three-fold nature of God and humankind
- Articulate the power of affirmative prayer with the use of Denials and Affirmations
- Explain the metaphysical teachings of Jesus Christ according to Eric Butterworth
- Create an action plan that will support you in your personal spiritual growth
- Apply the teachings of Jesus in life situations
- Explain and demonstrate the law of manifestation

Required Text/Readings

- Cady, Emilie. *Lessons in Truth*. Unity Village: Unity, 2005.
- Butterworth, Eric. *Discover the Power Within You*. New York: HarperOne, 2008.
- Fillmore, Charles. *The Revealing Word*. Unity Village: Unity, 2005

Recommended Text/Readings

- Fox, Emmett. *Sermon on the Mount*. New York: Harper Collins, 1989.
- Cady, Emilie. *How I Used Truth*. Whitefish, MT: Kessinger Publication, 2010.
- Hasselbeck, Paul. *Heart-Centered Metaphysics*. Unity Village, MO: Unity Books. 2010

Assignments and Expectations

- Read *Lessons in Truth* and *Discover the Power Within You* prior to class.
- Participate in classroom discussions.
- Write a 500-800 word reflection paper based on what you learned in class and any subsequent discoveries or realizations you have had and how these might impact your belief system and life moving forward. Due date for assignment: June 21, 2019 via email to Rev. Russell.

Grade Scale

- AU – Audit. Student is not seeking credentialing (no assignment required)
- I – Incomplete. Waiting for final assignment
- NC – No Credit. Student did not complete assignment in designated period of time and/or did not meet attendance requirement
- S – Satisfactory. Student met all requirements.

Group Agreements

- It is expected that you will participate and, to the extent you are comfortable, share from your experience and wisdom.
- Please assume everything personal that is shared is confidential.
- Please be respectful of differences of opinion.
- Please be mindful of allowing others to share.
- If a topic discussed touches you deeply, please speak to Russell about it after class.
- If you have a question, please ask it!
- If this class is not meeting your needs for spiritual education and enrichment, please share your concerns with Rev. Russell.

Daily Class Schedule

- Will be presented the first day of class