



# Syllabus: TAS-105 I of the Storm

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## Course Overview

### Course Instructor

**Name** Rev. Sandy Butler  
**E-Mail** butlersandra01@gmail.com

### Course Description

This course is based on the books, “The I of the Storm” by Rev. Dr. Gary Simmons and “I of the Storm for Teens” by Rev. Dr. Jane Simmons. In this course, students will explore the principles of embracing conflict and creating peace in everyday life. This course is designed to help students function from their heart center, demonstrate Unity principles in times of conflict, and complete a 21-day reconciliation process.

### Learning Objectives

Upon completion of this course learners will be able to:

- Explain the four elements of conflict and the spiritual practices that resolve them
- Identify the obstacles to inner peace in daily living
- Use the 21-day reconciliation process

### Required Text/Readings

- *The I of the Storm: Embracing Conflict, Creating Peace* by Gary Simmons
- *I of the Storm for Teens* by Jane Simmons
- *21 Day Reconciliation Journal*

### Recommended Readings/Handouts

- *You Can't Sleep Through Your Awakening* by Jane Simmons