



## Spiritual Education and Enrichment MS802 - Lessons in Truth

10 Hours

<b>Required Materials</b>	<i>Lessons in Truth</i> by H. Emilie Cady
<b>Recommended Materials</b>	None
<b>Prerequisites</b>	Metaphysics Series: MS820, MS821, MS822 and MS823

### Course Description:

This is an exploration of the oldest Unity book, first published in 1903, by H. Emilie Cady. Students will study and discuss metaphysical principles as understood by the author. An emphasis will be made to facilitate a practice of these ideas as well, as this was always the intention of Unity's pioneers.

### Learning Objectives:

Students will:

1. Explain the essential metaphysical concepts, including the choice of freedom, the Spirit within, thoughts as instruments, the tools of denial and affirmation, spiritual gifts, the secret place of the Most High, the Silence, and expressing Oneness.
2. Apply one or more of these concepts in daily life.

### Assignments and Expectations:

1. Students are to come to class having read the assignments and be prepared to be fully involved in class discussion.
2. Each student will write one 2-page paper due 30 days after the end of this class.

Format:

- (1) Choose and briefly explain a key concept from the text. Cite the concept and chapter(s) number.
- (2) Write an **Action Plan** for how you will apply this specific teaching in your life.
- (3) State how incorporating this concept into your life will enhance your life and the lives of others.

Paper is to be double-spaced and sent to me by email at [UnityRevSheryl@gmail.com](mailto:UnityRevSheryl@gmail.com)

**Grade Scale:**

AU Audit – student is not seeking credentialing (no final paper required).

I Incomplete – waiting for final assignment.

NC No Credit – did not complete all of the assignments and/or did not complete the final assignment within three months after the end of the course and/or did not meet attendance requirements.

S Satisfactory – met all requirements.

Session	Topic	Reading Assignments
One	Bondage or Liberty? Statement of Being	chapters 1 and 2
Two	Thinking Denials & Affirmations	chapters 3-5
Three	Faith Definition of Terms	chapters 6 and 7
Four	Spiritual Understanding Finding the Secret Place of the Most High	chapters 8-10
Five	Spiritual Gifts Unity of the Spirit	chapters 11 and 12