

Spiritual Education and Enrichment

Unity and A Course in Miracles

Unity of Gaithersburg
June 2 – 6, 2019

Prepared by Rev. Dr. Paul Hasselbeck
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A. Course Description

This course reviews the teachings of Unity with the teachings of *A Course in Miracles*. Similarities and distinctions are explored in order to create a bridge of understanding between the students of both. The course is based on the text, *Unity and A Course in Miracles*, written by Rev. Bill Heller and Rev. Dr. Paul Hasselbeck. The teachings as presented are based solely on the understanding of its authors.

B. Instructor

Rev. Dr. Paul Hasselbeck currently speaks and teachings around the United States. He was the former Dean of Spiritual Education and Enrichment, a Unity Institute faculty member, and is now an adjunct faculty member for Unity Worldwide Spiritual Institute. Paul has authored and/or co-authored several books: *Point of Power*, *Get Over It*, *Get Over These*, *Heart-centered Metaphysics*, *Heart-Centered Metaphysics Workbook*, *PowerUP* (based on the 12 Powers) as well *PowerUp*, a 12 Powers card set and *Unity and A Course in Miracles; Understanding Their Common Path to Spiritual Awakening*. Paul is co-hosts of *Metaphysical Romp II* with Rev. Drs. Bil and Cher Holton that can be heard weekly at Metaphysicalromp2.com. They can also be downloaded for your listening convenience.

He holds a Bachelor of Science degree in Biology and a Doctorate in Dental Surgery. He first became acquainted with Unity during the late 1980's while living in Puerto Rico. He helped found the only English speaking Unity Church in Puerto Rico. Paul graduated from ministerial training in 1996 and served as the Minister of Pastoral Care and Prayer at Unity Church of Overland Park In Kansas. Paul has served as at Unity Village as a retreat minister, Dean of Spiritual Education and Enrichment and then as a full-time faculty member.

C. Course Presentation

This course will be mostly in a presentation and discussion format with other formats added as needed.

D. Objectives

1. Students will be able to explain some of the similarities between A Course in Miracles and Unity that are important for them.
2. Students will be able to explain some of the distinctions between A Course in Miracles and Unity that are most significant for them.

E. Course Materials

Required

- Book: *Unity and A Course in Miracles; Understanding Their Common Path to Spiritual Awakening*, by Bill Heller and Paul Hasselbeck

Optional

- A Course in Miracles (Text, Workbook and Teacher's Manual)
- Copies of various books written by Charles Fillmore and Myrtle Fillmore. Many of these are available for free on the internet.

H. Course Requirements and Assignments when taking the course for credit

1. Read chapters in book and any additional materials the learner feels will increase his or her understanding.
2. At the completion of the course, write a 500 word reflection paper on what you have learned that will be helpful for you on your spiritual journey.

I. Student Evaluation and Course Credits

- Grading:
 - S (Satisfactory)
 - NC (No Credit)
 - IN (Incomplete)
- Number of course credits: 10

J. Instructor's Commitment

I will come to class prepared to engage the class in the discussion of the commonalities and distinctions between A Course in Miracles and Unity. I will create a safe and encouraging environment for the learner to grow and explore. I will read and comment on the papers. Please understand that

this takes time and will be completed in a time frame as my other work responsibilities allow.

K. Class Schedule – See the next page.

Day	Reading	Content
June 2 Introduction Laying the Groundwork	Introduction pp. xvii - xxix and Ch. 1	<ul style="list-style-type: none"> • Pray in • Introductions – participants get into dyads or triads and introduce themselves to each other. Each shares one thing liked about <i>A Course in Miracles</i> and one thing liked about Unity (if applicable) • • Group sharing • Needs assessment – what are people wanting to know – why taking the class • Explore material in the introduction and Chapter 1 <ol style="list-style-type: none"> 1. History 2. Semantics 3. Theological macro view of the theology of both based on Unity’s 5 Basic Principles
One Presence, One Power	Ch. 2	<ul style="list-style-type: none"> • Explore Chapter 2 <ol style="list-style-type: none"> 1. Non-duality 2. Duality 3. Different language, unified message 4. Duality and the ego 5. The Power of Mind 6. Being in the world but not of it.
June 3 The Holy Trinity	Ch. 3	<ul style="list-style-type: none"> • God • Son of God • The Holy Spirit
Who is Jesus, Who Am I?	Ch. 4	<ul style="list-style-type: none"> • Jesus the man • Who am I? • Current perceived state • Christ, Son of God, the Sonship
June 4 Separation, Relative Mind and the Ego	Ch.5	<ul style="list-style-type: none"> • Separation • Relative mind • Ego

Specialness	Ch. 6	<ul style="list-style-type: none"> • All by brothers are special. • Dreams of specialness • The unholy instant • Specialness as a strategy of the ego. • Separation and Specialness • Protection of Specialness • Special (Unholy) Relationships • Special Hate (Unholy Relationships) • Special Love Relationships
June 5 The Holy Instant, The Holy Relationship	Ch. 7	<ul style="list-style-type: none"> • The Holy Instant • The Holy Spirit and Your “Special Function” • The Holy Relationship • Forgiveness and the Holy Relationship
Love and Fear, Sin, Guilt and Judgment	Ch. 8	<ul style="list-style-type: none"> • Love and fear • Sin and the correction of sin • Guilt • Judgment • The Last Judgment or Judgment Day
Healing Consciousness, Establishing Wholeness	Ch. 9	<ul style="list-style-type: none"> • Willingness • Forgiveness and repentance • Miracles • Denials and Affirmations • Atonement
June 6 Concepts of the World and the Spiritual Universe	Ch.10	<ul style="list-style-type: none"> • Dream/Illusion • Physical Universe • The reason the Physical Universe Happened • Time • The Real World • Heaven and the Universe
The Physical Body, Sickness and Healing	Ch. 11	<ul style="list-style-type: none"> • The Body • The Source of Sickness • The Body as a Tool of the Mind

		<ul style="list-style-type: none"> • The Healing Process • The Body • Degeneration • The Source of Sickness • Generation • The Healing Process • Threefold Nature: Spirit Soul Body
Unity's Twelve Powers	Ch. 12	<ul style="list-style-type: none"> • Christ • Christ Consciousness • Developing Christ Consciousness • Regeneration • Regeneration and the 12 Powers • How to Develop the Twelve Powers